

1. What is Discretionary Funding?

Discretionary funding is a duly-appropriated sum of money in the Town's expense budget allocated to an eligible not-for-profit organization by the Selectboard and approved at Town Meeting.

2. What Types of Organizations May Receive Discretionary Funds?

Discretionary funds may only be allocated to not-for-profit; community-based social services providers. In order to receive discretionary funds directly, an organization must be incorporated as a not-for-profit and registered with the State of Vermont, unless exempt and have a Federal Employer Identification Number (EIN).

3. What Types of Organizations May Not Receive Discretionary Funds?

For-profit entities may not receive discretionary funds, except when the primary non-profit contractor subcontracts with a for-profit entity as part of the delivery of services. Such subcontracts, however, must be only an ancillary part of the program to be funded, not the primary basis for the discretionary award, and must be approved by the contracting agency.

4. What are the Restrictions on the Use of Discretionary Funds?

All public funds, however awarded, must be used for a Town purpose. In general, a Town purpose is defined as an activity or service that is open to all members of the public, regardless of race, creed, gender, religious affiliation, etc., without restriction, and which does not promote a particular religion.

Programs and services provided by religious or religiously-affiliated organization must be able to demonstrate that the program is open to non-members, is not a religious program, and does not promote the religion.

Closed membership groups, which are those to which membership is restricted or subject to eligibility based upon prohibited factors, may generally not receive funding.

Groups that serve a particular population, for example, those age 65 and above in a particular community; are not considered a closed membership group, as long as the program is open and accessible to all seniors in the community. Similarly, tenant organizations in public housing may also receive funding, as long as they provide equal access to all residents of the public housing units they serve.

Funds may only be allocated for a public purpose and may not support political activities and private interests.

5. How to Apply for Discretionary Funding?

All organizations that wish to receive discretionary funding must submit a "Request for Special Appropriations" application to the Town Manager. The application elicits information about an organization's experience, qualifications, and integrity, and the project or service for which the organization is requesting support. The form is available on the Town website by clicking on BOARDS & MEETINGS > SELECTBOARD then scroll down to FY26 Budget and "FY26 Discretionary Funding Policy-for applicants" or by emailing Duncan Wardwell, Assistant to the Town Manager, at: dwardwell@richmondvt.gov.

Deadline for submission is the end of the day, October 7, 2024.

Town of Richmond

Request for Special Appropriations

Request for Fiscal Year: 2026

Organization's Name: Turning Point Center of Chittenden County
Address: 179 South Winooski Ave. Suite 301
City, State, Zip: Burlington, VT, 05401
Website address: www.turningpointcentervt.org

A. GENERAL INFORMATION

1. Program Name: Recovery Center & Peer Recovery Services

2. Contact Person/Title: Cameron Lauf, Executive Director

Telephone Number: 802-861-3150

E-mail address: caml@turningpointcentervt.org

3. Total number of individuals served in the last complete fiscal year by this program:
970

4. Total number of the above individuals who are Town residents: 5
Please, attach any documentation that supports this number.

Percent of people served who are Town residents: 0.5%

5. Amount of Request: \$5,000

6. Total Program Budget: \$1,280,461.53 Percent of total program budget
you are requesting from the Town of Richmond: 0.3%

7. Please state or attach the mission of your agency: _____
The Turning Point Center of Chittenden County is an inclusive, compassionate community supporting those on
multiple paths to recovery through peer-driven services in a safe, substance-free environment.

8. Funding will be used to:
X Maintain an existing program X Expand an Existing Program
_____ Start a new program

9. Has your organization received funds from the Town in the past for this or a similar
program? Yes

If yes, please answer the following:

a. Does the amount of your request represent an increase over your previous
appropriation? If yes, explain the reason(s) for the increase.
No

b. Were any conditions or restrictions placed on the funds by the Selectboard? _____
If yes, describe how those conditions or restrictions have been met.
No

B. PROGRAM OVERVIEW

1. Statement of Need: Identify the issue or need that the program will address (use statistical data to justify the need for the program). To what extent does this need, or problem exist in the Town of Richmond? Our organization continues to support for an increasing demand of peer recovery supports. We served 40% more individuals and families in 2023 than 2021, 699 to 970. Our ability to respond to the needs of our neighbors relies on continued funding support from all towns within Chittenden County. Vermont experienced a decline in overdose fatalities largely due to our peer recovery programs offered throughout the county and our success with aiding more people into recovery from addiction. We assist with recovery from alcohol, drugs, and process addictions.

All Richmond residents living with Substance Use Disorders (SUD) can benefit from our services at no cost to them.

2. Program Summary:

a. Identify the target/recipients of program services. Specify the number of Town residents your program will serve during the fiscal year and explain the basis upon which this number is calculated. Indicate any eligibility requirements your program has with respect to age, gender, income or residence. Recovery support services can be lifelong. As of October 2024, individuals and families using our center recovery coaching program remain engaged in coaching for an average of 12-months. We had 9,515 visits to the recovery center in 2023. We do not record personal information from folks using our groups or other wellness programs. We expanded our Outreach Recovery Coaching with additional certified coaches who will be designated to bridge connections with all Richmond and all Chittenden County residents to TPCCC.

b. Identify what is to be accomplished or what change will occur from participating in the program. How will people be better off as a result of participating in the program? Describe the steps you take to make the project known to the public, and make the program accessible and inclusive? We will be offering presentations and education to Richmond businesses, health care and social service providers, and municipality offices. Recovery saves lives. Our work resulted in a statewide decrease in overdose fatalities, and nearly 1,000 people changing for the better. Coaching, recovery groups, intakes, and resources are available and provided in-person, virtual, and by phone. We created a telephone recovery support program that provides daily recovery calls from peer support specialists.

3. Program Funding:

a. Identify how Town funds, specifically, will be used (i.e., funds will provide "X" amount of units of service.) We are requesting 0.3% worth of our annual budget to help cover the costs associated with wrap around recovery supports for 0.5% of the number of individuals served annually. \$5,000 provides roughly 1-year of recovery coaching to 5 people. Accompanied with coaching, our other programs ad significant value and choice to everyone needing assistance.

b. List the other agencies to whom you are submitting a request for funds for this program and the amount requested. How would this program be modified should revenues be lost? We are requesting support from the Dept. of Health. We don't expect revenue to be lost. Our organization will do everything possible to maintain our program. Our services are sustained through federal, state grant dollars, contracts, cities and other towns, and direct public support.

C. ORGANIZATIONAL CAPACITY

1. Describe your agency's capability to provide the program including its history, previous experience providing this service, management structure and staff expertise. TPCCC is a certified and standards approved recovery center within Recovery Partners of Vermont peer-review process and Dept. of Health standards. We are foundational to providing free, evidence-based, peer recovery services to Chittenden County since 2013. We've been operational as a 501.c.3 non-profit organizations since 2003. For over 10 years, TPCCC has led Vermont in peer-based addiction recovery supports for individuals and families.

2. How will you assess whether/how program participants are better off? Describe how you will assess program outcomes. Your description should include: what (what kind of data), how (method/tool for collecting the data), from whom (source of data) and when (timing of data collection). Our program assessments include Results Based Accountability (RBA) measurements, validated and reviewed self-assessments such as Wellness Recovery Action Plans, Self-Sufficiency Matrix, Brief Addiction Recovery Capital survey, and individual progress reporting in records management. We measure quantity and quality by accounting for unique individuals served, demographics, volume of units of service, program retention, attendance to groups, daily visits to recovery center, and utilization of technology and community workstations.

3. Summarize or attach program and or service assessments conducted in the past two years. See attached.

*2024 marked the end of our 3-year strategic plan. Next plan will be published in 2025.

4. Does your organization have a strategic plan and a strategic planning process in place? Yes. - If yes, please attach your plan.

The strategic plan should include a mission statement, goals, steps to achieve the goals, and measures that assess the accomplishments of the goals.

5. What is the authorized size of your board of directors? 15
How many meetings were held by the board last year? 12

I, the undersigned, confirm the information contained herein is accurate and can be verified as such. I understand and agree that if the requested funds are approved, the disbursement of funds are subject to all conditions established by the Richmond Selectboard.

Signature of Applicant  Date 10/2/24

Cameron Lauf, Executive Director
Print Name of Applicant and Title

2023



Impact Report

**Real empathy.
Real solutions.
Real connections.**



Turning Point Center
OF CHITTENDEN COUNTY



DEAR FRIEND,

In 2023, your steadfast support enabled The Turning Point Center of Chittenden County (TPCCC) to achieve milestones in our ongoing battle against addiction. We are immensely grateful for your commitment to our cause. We acknowledge that our ability to meet our community's rising needs relies on your generosity.



At the core of our mission is a powerful testament that recovery is possible. We provide a safe, non-judgmental, substance-free environment where individuals and families can find solace and hope to navigate their journey towards recovery. **Addiction can be fatal if not for recovery. We must continue empowering our community to believe they too can recover and they are never alone in their fight.**

Because of your support, we served nearly 1000 individuals in our coaching programs. We had over 9500 in-person visits to our community center, underscoring the center's crucial role in our county. In this report are highlighted outcomes from our recovery coaching programs. Recovery coaches work 24/7 in the hospital's emergency department, they work with parents striving to recover and reunite with their children, and in our county's housing systems, helping people find recovery during homelessness.

Thank you to our board of directors, dedicated volunteers, vibrant staff, committed donors, and trusted partner providers. Your impact is palpable. Thousands of individuals grappling with addiction have access to our center, where they find support and services.

Although we've done much, we move into 2024 able to do more thanks to you.

Cam Lauf, Executive Director



BOARD OF DIRECTORS

Maureen Leahy, *President*
Jonathan Goffe, *Vice President*
Eric Sokolowski, *Treasurer*
Rosi Gowdey, *Secretary*
Craig Weatherly, *At-Large*
Bethany Mahler
Cyndi Haselton
Sam Hemingway
Scott Pavak

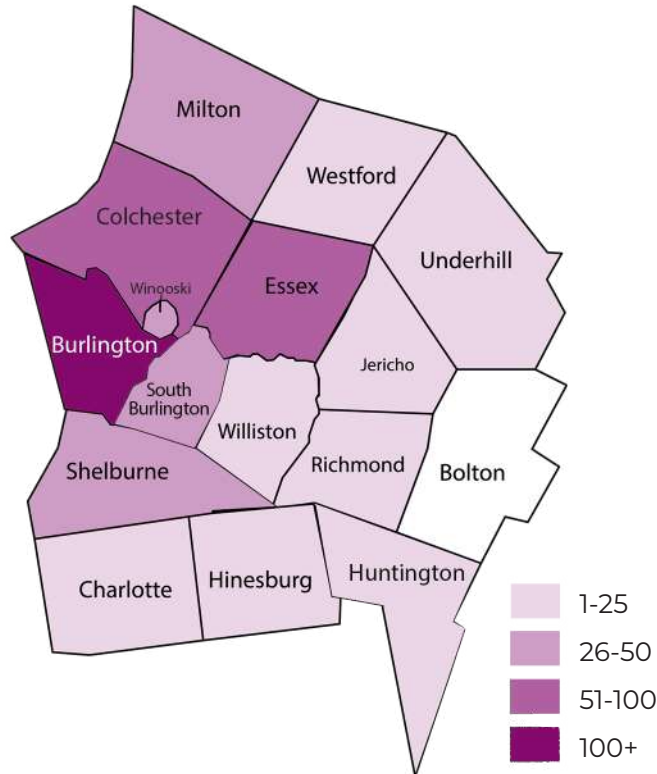


STAFF OF TPCCC

Tara Campbell, *CRC, Emergency Department Recovery Coach*
Michael Couture, *CRC, Emergency Department Recovery Coach*
Elsa Digiovanni, *Peer Support Specialist*
Rachel Hamlin, *CRC, Emergency Department Recovery Coach*
Heidi Hausler, *CRC, Director of Parents in Recovery Program*
Christie Holmes, *Director of Marketing & Development*
Laura Howley, *Peer Support Specialist*
Han Keavany, *CRC, Emergency Department Recovery Coach*
Emily Korkosz, *CRC, Director of Coaching Services*
James LaPierre, *CRC, Emergency Department Recovery Coach*
Cam Lauf, *CRC, Executive Director*
Mishka Lord, *CRC, Emergency Department Recovery Coach*
Krista Marzewski, *CRC, Peer Support Team Lead*
Laura Paddock, *CRC, Emergency Department Recovery Coach*
Amanda Smith, *CRC, Outreach Recovery Coach*
Timothy Stevens, *Administrative Manager*
Serena Veilleux, *Peer Support Specialist*
Chip Viau, *CRC, Emergency Department Recovery Coach*
Olivia Watson, *CRC, Coaching Services Team Lead*

PARTICIPANTS IN ALL PROGRAMS, BY TOWN

Turning Point Center of Chittenden County is committed to serving individuals in our county. We provide flexible options, offering in-person, phone, and video conferencing sessions to meet the needs of individuals and families. Our services remain free of charge and easily accessible to those in our county. We are open 365 days a year from 9:00 am to 5:00 pm.



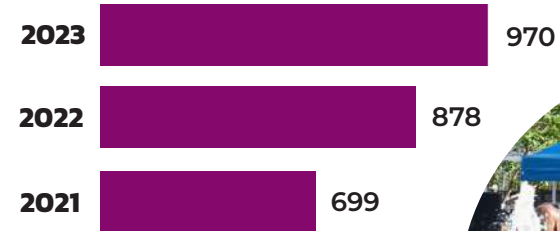
Participants from each town in Chittenden County

Burlington 371	Jericho 8	Underhill 2
Charlotte 7	Milton 41	Westford 5
Colchester 60	Richmond 5	Williston 32
Essex 68	Shelburne 27	Winooski 48
Hinesburg 13	S. Burlington 42	*Other 239
Huntington 1	St. George 1	

*Other include unknown, out-of-state county, and out-of-state.

REFLECTING ON 2023: MEETING CRITICAL NEEDS

Individuals Served Annually



Number of visits to the Turning Point Center in downtown Burlington

9,515



Over, **600** harm reduction packs distributed

"I am thankful to Turning Point for the smallest things in life, like a coffee in the morning and helping me get a bed to sleep in at night, or just someone to talk to when things are not going right or a being a friend. Because of people at Turning Point, I have support and am not facing my addiction alone."

-TPCCC participant

RECOVERY COACHING WORKS: LIVES ARE CHANGED FOR THE BETTER



Three years ago, Amanda committed to sobriety and found help at TPCCC. Today, Amanda is a certified Recovery Coach focused on community outreach and helps others battling addiction

within our county's housing systems. Her recovery journey and **the support she gives others inspires her to continue making a difference.**

Amanda strives daily to build trust and connection with others she encounters in the Center or on the streets through our outreach program. "Trust is key," she emphasizes. "Many individuals battling addiction have been let down or judged in the past. So, I approach each interaction with empathy and understanding, letting them know I've been where they are and how difficult it is to overcome addiction." Read full article on our blog.

OUR OUTCOMES PROVE IT!

"It's gratifying to see someone go from feeling lost and hopeless to finding a sense of belonging and purpose. Knowing that I played a part in that transformation is what fuels my commitment to this work every day."

- Amanda Smith, Outreach Recovery Coach

Since 2021,
83%
of people who met
with a Recovery Coach
in the Emergency
Department opted
for recovery services
afterward.

82%
of participants
working with a
recovery coach
throughout 2023,
reported an
increase in wellness
after 60 days.

"Thanks to my recovery coach, I found my way from the hospital to a sober house. In the beginning, my mind was so foggy, and I was a mess. I didn't have a clue how to build a sober life. Together, TPC helped me move step by step, week by week, to where I am today. In June, I'll have two years sober!"

-Recovery Coaching participant



Thanks to people like you,
thousands of people struggling
with addiction used our recovery
services, peer programming, and
recovery Center.

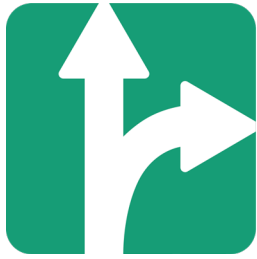
**Thank you for being part
of the solution.**



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OF CHITTENDEN COUNTY

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Burlington, VT 05401

(802) 861-3150 | www.turningpointcentervt.org



Turning Point Center
OF CHITTENDEN COUNTY

Turning Point Center of Chittenden County
3-Year Strategic Plan
2021-2024

Adopted by the Board of Directors: June 9, 2021



Real empathy. Real connections. Real solutions.

Background & Context

The context in which the Turning Point Center of Chittenden County (TPCCC) has provided its services in 2020-2021 is radically transformational. We have experienced with the rest of Vermont, the U.S., and the world a pandemic, polarization in how we think of democracy, and a deep call for fundamental honesty and action to improve justice, equity, diversity and inclusion, in all we do.

Some things, however, do not change. Recovery from substance use disorder continues to be a critical need, and our reason for being. We have worked to be resilient, adaptable, and creative. We transitioned coaching to telephone and on-line to keep staff and guests safe from the virus. We launched an outreach campaign to draw people to our website and services. We re-imagined our big events: the Circle of Stars recognition gala was transformed into the \$100,000 in 100 Days campaign, and Comedy Night went on line. We implemented safety protocols to make face-to-face connection possible again.



The Strategic Planning Process

In this context, the board of directors launched our 2021 strategic planning process knowing that we could not rely on the assumptions of earlier plans, past successes, or traditional outcomes. Nor could we rely on face-to-face meetings and walls covered with newsprint and sticky notes.

Our process included a round of interviews with partner organizations in the community, to gain insight into our current standing and what our partners hope for us going forward. The board reviewed the mission and vision to ensure alignment. A steering committee provided connection and communication, as working groups broke down by priority area to develop goals and objectives based on input, feedback, and an assessment of our environment. The Executive Director reflected with staff on the priorities and provided staff perspective. Staff and board developed annual action plans to continually carry out the objectives.

The Strategic Planning Team

This strategic plan is the result of the hard work of many, and we are grateful.

Steering Committee

Cathy Aikman, Jesse Bunch, Rosi Gowdey, Cyndi Haselton, Roger Kilbourne, Craig Weatherly

Working Group Members

Cathy Aikman, Patrick Brown, Rosi Gowdey, Sam Hemingway, Cam Lauf, Maureen Leahy, Hailey Ronconi

The process was facilitated by Anne Lezak and Christine Graham, who helped us to navigate these turbulent waters.

Board of Directors (Elected Annually)

Cathy Aikman, Vice-President, 2017 - present
Sarah George, 2018 - present
Rose Gowdey, President, 2019 - present
Cyndi Haselton, Secretary, 2019 - present
Sam Hemingway, 2019 - present
Roger Kilbourn, Treasurer, 2020 - present

Maureen Leahy, 2021 - present
Shawn Nolan, 2013 - present
Chris Powell, 2020 - present
Ron Redmond, 2020 - present
Hailey Ronconi, 2020 - present
Craig Weatherly, At-Large, 2013 - present

Vision

The Turning Point Center of Chittenden County envisions a strong and vibrant community where no one faces recovery alone and people in all our diversity achieve long-term recovery and successful lives.

Mission

The Turning Point Center of Chittenden County is an inclusive, compassionate community supporting those on multiple paths to recovery through peer-driven services in a safe, substance-free environment.



Board & Staff Statement on Racial Equity

In June, 2020 the Turning Point board and staff adopted this statement in response to the murder of George Floyd. It has served as a starting point for reflection and learning , and informs revisions in our mission, plans, and programs in order to be part of the solution to achieve greater justice and equity in our community and our society.

The Turning Point Center of Chittenden County stands in solidarity with the Black community in the fight against systemic racism and injustice. To be silent is to be complicit, and we have a duty and commitment to our Black guests, employees, volunteers, and extended recovery community to join our voice and our actions against such injustice. We acknowledge that we have work to do in the fight against the ongoing discrimination against people who are Black, Indigenous, and People of Color (BIPOC), and we are listening and educating ourselves. As we take this moment to express our condemnation of racism and our call for justice for all, we also commit to examine and grow our anti-racism practices. We hold ourselves accountable to ensure our practices and services are extended to all people in recovery in Chittenden County and beyond, and to incorporate, in particular, the perspectives and needs as expressed directly to us from BIPOC communities. **Black Lives Matter.**

Goals

1. Develop a more mature and diverse philanthropic financial base that enables the Turning Point Center to make significant progress in funding operations on a long-term sustainable basis.
2. Increase culturally appropriate programming for more diverse populations.
3. Document program efficacy in a quantifiable way and use that data to strengthen and promote programs.
4. Increase mental health supports in alignment with programs.
5. Create an educational campaign about substance use disorders to decrease stigma, increase participation in Turning Point Center services, and expand financial and community-based support.
6. Create and adopt consistent branding and marketing guidelines for all outreach and marketing materials to reach a diverse audience.
7. Ensure staff is well-supported, well compensated and has the expertise and competence they need to carry out Turning Point Center's mission for our increasingly diverse community.
8. Develop the board's ability to support and guide the vision, mission and direction of the Turning Point Center through board recruitment, continuous learning, and team-building that grow the Center's community relationships to increase the Center's diversity, inclusion and equity policies and practices throughout the organization.

Goals & Objectives

GOAL 1: Develop a more mature and diverse philanthropic financial base that enables the Turning Point Center to make significant progress in funding operations on a long-term sustainable basis.

Objective 1.1: Form a standing fundraising committee in June 2021, comprised of board members and the Executive Director, to cultivate and better inform larger individual and business contributors with a goal to expand the Center's private donations by 25% overall over the next three years.

Objective 1.2: In 2021, complete the planned giving design project with Leadership Champlain to implement in 2022 and subsequent years.

Objective 1.3: Launch two major fundraising appeals annually, starting Fall 2021. These appeals will be coordinated with and promoted during the Turning Point Center's events and activities.

Objective 1.4: Refine online giving options in Summer 2021 to encourage small donors to become sustaining supporters through monthly gifts, and to participate as volunteers in the Center's outreach, education, and fundraising activities both online and in-person.

Objective 1.5: Beginning Fall 2021, present the Center's programs to and request financial support from Chittenden County townships not currently contributing, beginning with at least seven of the 14 townships. In 2022, begin making annual requests of all 14 townships.

Objective 1.6: In 2021, introduce recovery services as an option to businesses in cooperation with Vermont Business for Social Responsibility, Lake Champlain Chamber of Commerce, and/or other business associations to expand recovery education and services under contract to area businesses.



GOAL 2: Increase culturally appropriate programming for more diverse populations.

Objective 2.1: Meet with leaders of at least three organizations that represent/serve diverse people and groups the Turning Point Center does not currently reach, to determine specific needs, develop partnering/contract relationships, and identify personnel from partnering organizations who will participate in recovery coaching training, post-training support and supervision, and then be available on site at their organization.

Objective 2.2: Provide information, services and programming in ways that are welcoming and culturally appropriate for the diverse populations of Chittenden County, and collaborate with organizations serving diverse populations as we do so.

GOAL 3: Document program efficacy in a quantifiable way and use that data to strengthen and promote programs.

Objective 3.1: Collect data from participants in each program (questions, frequency, validity, process, Results Based Accountability); and analyze and summarize the data to better understand the impact of programs and services and what gaps exist.

Objective 3.2: Review what data is currently collected; determine what is useful, what else is needed, operational definitions and how best to collect it while ensuring confidentiality, easy access to programming, and data reliability (assessment and standard development).

Objective 3.3: Highlight the good outcomes in communications with the community, guests, donors, through social media and print media and presentations; present and discuss with staff (for transparency, boosting and understanding).

Objective 3.4: Scrutinize the less than satisfactory outcomes and determine next steps toward improvement.

GOAL 4: Increase mental health supports in alignment with programs.

Objective 4.1: Partner with mental health agencies to provide ongoing training for Center staff to recognize and effectively work with guests with mental health issues.

Objective 4.2: Collect mental health resources available and share with guests (i.e. pamphlet, poster, discussion, website).

Objective 4.3: Apply for grants to support an on-site mental health provider for referrals and easy access to care.



GOAL 5: Create an educational campaign about substance use disorder to decrease stigma, increase participation in Center services, and expand community-based support.

Objective 5.1: Develop and deliver a presentation to 7-10 businesses, civic organizations, towns, and schools annually on the science behind addiction, the recovery path, and eliminating stigma.

Objective 5.2: Partner with other organizations, including those serving diverse populations, to create and promote a stigma reduction campaign using mainstream media/marketing, video, digital, and/or PSA, educational materials, messages at events, social media platforms, and our website.

Objective 5.3: Integrate these materials into orientation and training of the Center's staff, volunteers, and interns.

GOAL 6: Create and adopt consistent branding and marketing guidelines for all outreach and marketing materials to reach a diverse audience.

Objective 6.1: Work with a creative consultant to develop new branding and marketing materials and guidelines.

Objective 6.2: Revise Turning Point Center's materials, in print, on website, and through all social media platforms, to reflect updated branding and marketing content and guidelines.

Objective 6.3: Ensure all materials follow guidelines by implementing a development, review, and approval process, which includes diversity and inclusion standards.

GOAL 7: Ensure staff is supported and well compensated, and has the expertise and competence they need to carry out Turning Point Center's mission for our increasingly diverse community.

Objective 7.1: Pursue UVMCC funding in 2021 in support of health benefits for the Emergency Department coaches, on-call costs for 24/7 Emergency Department coverage, and advanced training for the coaches.

Objective 7.2: Review compensation and benefits and expand or enhance where possible and appropriate, based on funding, to ensure equity and to support strong performance.

Objective 7.3: Review and channel resources toward professional development opportunities for all staff, to enrich career development and to grow a culture of awareness and inclusion within the organization.

Objective 7.4: Recruit an increasingly diverse staff that reflects the richness of Chittenden County in cultures, sexual orientations, gender, race, socio-economic status, abilities, and more, both today, and in the unfolding future.

GOAL 8: Develop the board’s ability to support and guide the vision, mission and direction of the Turning Point Center through board recruitment, continuous learning, and team-building. This is with the intent to grow the Center’s community relationships, and to increase the Center’s diversity, inclusion and equity policies and practices throughout the organization.



Objective 8.1: Engage the board in outreach and fundraising opportunities, including the development of a board-based speaker and networking team to launch by January 2022 to act as ambassadors at-large throughout Chittenden County.

Objective 8.2: Engage the board and staff in continuous awareness-raising work through ongoing learning experiences.

Objective 8.4: Strengthen cooperation between board and staff through formal and informal activities.

Objective 8.5: Build a full, strong and diverse board membership by May 2022.

Objective 8.6: Complete a review of by-laws, policies, procedures and programs by the end of 2022, to align all aspects of TPCCC’s work with diversity, equity and inclusion priorities. Outside expertise may be sought to do this.



Turning Point Center
OF CHITTENDEN COUNTY

MORE INFORMATION:

www.turningpointcentervt.org

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