

All Together Now – Richmond Selectboard Update June 17, 2024

Thank you to the Town of Richmond's commitment to Wellbeing and support of Project All Together Now.

Project All Together NowVT, now a 501c3, requests that the Richmond selectboard approve spending \$2000 from the Community Wellbeing fund to support youth interns and community programs.

All Together Now - Summary and Update

All Together Now is a community-based program that empowers youth to create the change they need for improved equitable mental health, substance use prevention and wellbeing opportunities in the Eastern Chittenden County towns.

Updates since last report:

Organizational:

- 1. Hired a Program Coordinator in Mar 2024, which has allowed for an increase in programming and structured, consistent support for youth interns.
- 2. Increased the number of youth interns by 4. New interns are younger so can have 2 full years with the program.:
 - a. Lead Intern
 - b. Social Media and Marketing Intern
 - c. Web and Technology/Communications Intern
 - d. Women's Health Intern
 - e. Event Planning Intern (interview stage)
- 3. Signed an MOU for collaboration with <u>UP For Learning</u>, a non-profit focused on empowering youth adult partnerships to transform education. The partnership will support ATN in offering leadership training to youth interns, and provide additional structure and training for staff.

Programming:

- 1. Youth interns designed and led a Women's Group in collaboration with UVM Nursing Students.
 - a. The Women's group was designed based on survey data collected by interns and nursing students and then piloted at MMU.
 - b. After the initial pilot, a "Spring Series" continued at Balance Yoga with guided wellness practices led by a certified wellness instructor based on participant needs.



- 2. Collaborated with Richmond Transportation Committee to sponsor and connect a youth artist to create marketing for their "Share the Road" competition.
- 3. Collaborated with mentor artists / wellness coaches for free youth programming including art projects at the Richmond Farmers Market and a
- 4. Offering an end-of-school connection event with free pizza in collaboration with Stone's Throw Pizza in both Richmond and Jericho on June 18th.
- Second annual youth feedback form was distributed in June to determine youth needs for improved wellbeing. Data will be shared with towns, schools and youth in early FY25.
- 6. ATN was invited to apply for continuation funding for FY2025 of Project All Together Now by United Way as the Lead Prevention Organization for the State Dept. of Health Division of Substance Use Prevention in Northwest Vt (Region 1).
 - a. We applied for \$50,000 in grant funds for FY25. in Jun. 2024 from the United Way of Northwest VT, Lead Prevention Organization for the Dept. of Health Division of Substance Use Prevention. Funds will be used to increase and continue current prevention programming, hire a Program Manager to support operational work to bolster support of the existing with Wellbeing Coordinator
 - b. Project All Together Now is also partnering with <u>Up For Learning</u> in FY25 to explore fiscal and legal partnerships and organizational alignment to offer increased mental health prevention and youth opportunities across Vermont and support an exploratory partnership with Up For Learning in FY25.



